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## Terms and Conditions SOUTHERN HIGHLANDS VAULTING TEAM SHVT

### The Sport

Vaulting originates from Roman times and best described as “gymnastics on horseback”. Vaulters perform compulsory and freestyle moves to music on the horse at walk and at canter. This is done individually, in pairs or in a team. This fun sport for all ages promotes co-ordination, balance, physical health, self esteem, the ability to work as a team member, lifelong friendship all linked by the overwhelming love and trust of a horse.

Competitions are held locally, statewide, nationally and internationally and taken to the World Equestrian Games.

There are about 14 vaulting groups in Australia.

Vaulting is an EFA discipline and all vaulters need to be members of the EFA.

The Club is run on a volunteer basis and is a Not For Profit incorporated Club affiliated to the EFA.(Equestrian Federation of Australia)



**SHVT Team at the 2008 SVG Christmas Competition**

## SHVT MISSION STATEMENT



- To provide a positive, productive and safe environment for children to learn the sport of vaulting
- To facilitate self-determined, ambitious and goal/orientated young athletes to success
- To lead SHVT vaulters to the forefront of competitive vaulting in Australia and worldwide.
- To promote high standards of horsemanship, sportsmanship and citizenship
- To provide the opportunity for children to interact with and develop partnership with horses
- To promote equine awareness and horse welfare in the sport of vaulting
- To promote the growth of competitive vaulting in Australia
- To promote the sport of vaulting in all of its artistic potential



**SHVT Team at National Vaulting Championships 2008**

## Training Sessions



The membership year for SHVT is 2 February 2009 – 31 January 2010.

Financial members are insured under the Clubs insurance with AON as an Affiliated Club through Equestrian Australian. An insurance levy of \$45 per vaulter or other members who wish to handle horses, volunteer assistance etc is payable. This can not be adjusted if joining during the year.

Find a barrel available at  
http://www.vaulting.com.au

Our team trains twice a week. Training times for Term 4 2008 and Term 1 2009 are as follows:

- Monday, 5-7pm
- Wednesday 4 – 6 pm (optional Horse training)
- Saturday 9 – 11 am

Jyndarra Lodge, Wombeyan Caves Road, High Range and Nestings, Old Hume Highway, Alpine. This usually involves horses and barrels practice. It is essential to let Michele O'Byrne know on 0418 626 194 if you are not attending a session you indicated you would be attending.

Fees allow for two sessions for Team Vaulters.

**The situation can change weekly according to the availability of the venue, coaches, horses, transport, weather etc.**

Extra practices may be added especially leading up to competitions. There is no charge for extra competition sessions as these are used as wet weather options.

You will be notified of any changes by email or telephone.

## Training Protocol

Vaulters are required to be on time. Sessions will not be extended because a vaulter is late.

Appropriate and Safe Vaulting Attire

- Hair tied back
- Shirt tucked in
- Vaulting jodphurs
- Vaulting shoes
- No jewellery of any description
- Piercings covered with tape
- No hoodies or hoods on jacks.
- No strings on clothing

The coach will take the vaulters through a warm up and stretch. This is very important to minimise injury. If the warm up is missed it is the vaulter's responsibility to do an adequate warm up before vaulting. Vaulters that have not warmed up will not be allowed on the horse.

Lessons will involve work on the barrel and horse where applicable. Remember that it is important develop and perfect routines on the barrel first and save valuable horse time and energy.

The welfare and comfort of the horse is paramount.

### **Horses are not to be used for developing routines.**

#### **Assistance**

It is important for all vaulters and parents to feel they are part of a team. Contributing and assisting enhance team spirit. All offers of assistance are warmly welcomed..

Jobs involved:

If horses have been floated to training or competition:



- Unload horses (when travelling)  
Remove travelling boots
- Unpack gear
- Get out barrels
- Groom horses.
- Tack up horses

Reilly NSW States 2008 on SVG Lord Louis

During the session please:

- Pick up any manure and put in garden beds around arena or appropriate place. A vaulter will be requested by a lunger/coach to do so but should do so of their own accord.

After the horses have worked they need a walk to cool down.

- Undo tack and pack neatly away in appropriate place
- Hose down horses if weather is suitable
- Rug and boots for travel
- Put away barrels and cover to protect them
- Sweep and tidy club room and breezeway.

**Arena needs to be left immaculate after every training session.**

**Remove all rubbish including water bottles, food wrappers etc. All properties used ie Jyndarra, Nestings and other arenas are declared No Smoking areas as per NSW Dept of Health guidelines.**

It is important for appropriate footwear to be worn around horses. Please remove vaulting shoes and wear trainers/joggers when in wash bay and walking horses to and from sessions.

Vaulters must not sit on the wash rails at any time.

**No children other than SHVT registered vaulters to be on barrels or horses.**

If parents are not comfortable working around the horses, there are other non horsey jobs to be done. Please feel free to ask the Lunger/s or Coach/s for any jobs that need to be done. Your assistance is warmly welcomed in any format.

## **Rules**

**Only financial members will be allowed to participate in training sessions and attend competitions.**



This is a volunteer run club and it causes embarrassment for members to have to follow up on lapsed payments of other members. No offence is intended when requesting payments that are overdue. All members pay the same fees regardless of whether coaches, lungers and horse trainers happen to have children who vault.

Due to the expense in ensuring best practice care for horses it is not possible to barter volunteer time for vaulting fees. Volunteering does not pay for insurance, vet, feed bills.

Please do not send any sick children or children with head lice as this is a close contact sport.

If there is an injury please advise your coach/lunger immediately.

## Competitions



There are about 4-5 comps per year. It is not compulsory to be involved in competitions.

### Rules of Competition

Like any sport there are rules for the competition. Refer to your coach or the Handbook. A handbook is available at all vaulting sessions. A full list of rules and regulations are posted on the [equestrianvaulting.com.au](http://equestrianvaulting.com.au) Website where both international and national rules are listed.

Lani 2007 Interschools

## Competition Music

Vaulting is performed to music. Vaulting is a performance sport.

The vaulters are expected to choose their own music for freestyle and pas de deux but of course help is always readily available. All music must be supplied on CD's or ideally as a mpeg or on a memory stick. The club will provide the teams and compulsory music. Please ask for assistance with choosing music as the Club already has a substantial library of music. More experienced vaulters are very happy to help new vaulters will music so please just ask.

The music is to be supplied on CD to Coach Sally Briggs ***only***, with clear labels.

Appropriate words are allowed in both freestyle and compulsory music.

Individual freestyle needs 60 seconds of music and pas de deux 2 minutes exactly. This applies to horse and barrel performances.



## Competition Preparation

A day before competition horses need to be prepared, clipped and washed and the gear checked and cleaned. Parents/Vaulters will be asked to help either with this or shopping for food for week (invoiced to individual vaulters/families by SHVT after the competition)

Cath and Morgan Cool down at SVG Competition Christmas 2008

Competition day – it is important to arrive early, even if you are scheduled to vault later, to assist in preparations and the workload must be shared.

#### Tasks

- Set up camp
- Vaulters' hair preparation. Vaulters must provide own Hairbrush. Hairbrushes must not under any circumstances be shared.
- Wash plait and present horses.
- Gear checked
- Horses tacked up
- Stables to be kept clean, Remove the manure. At certain venues there will be a roster for vaulters to keep stable clean and check food/water.
- Keep water topped up
- Feed horses as directed
- Advise any abnormalities noted with horses.
- Meals. The club will provide meals for the weekend, and this will be invoiced to you. We are all required to help with preparation and cleanup.

The camp site is to be kept presentable. It is a reflection of SHVT as a Club.

All vaulting gear to be clearly labelled and in an appropriately labelled vaulting bag.

You will need for comps

- Labelled water bottle
- Unitard
- Vaulting shoes
- Club Track suit
- Club t shirt
- Appropriate bag for your gear

It is important to keep unitards clean and covered between classes.

**Vaulters must stay with the team at all times. The team manager needs to be informed if a vaulter is leaving the camp site or arena at any stage over the weekend. Vaulter and horse safety is paramount**

A competition number is allocated. These numbers are distributed by the team manager and are returned to the Manager as a vaulter exit the arena.

Always remember to thank the lunge and the horse after each class regardless of your performance.

All vaulters are required to attend Presentations as a team wearing their full club uniforms. A decision on uniform for a particular event is the decision of the Coach based on weather conditions etc. Professional presentation of horses and vaulters is expected.

### **Club Management**

SHVT is an Incorporated and EFA Affiliated Club run not-for-profit on a volunteer basis. Club meetings are held on the fourth Monday of each month after training at Jyndarra Lodge or designated venue. All adults welcome. Agenda items need to be supplied to the Secretary by 5 pm on the previous Sunday. No item is too trivial.

Southern Highlands Vaulting Team prides itself on a professional appearance, presentation and conduct of members and horses. Please enjoy being part of the SHVT team.

Quarterly Fees cover the following:

1. Insurance Policy
2. Horse use at training
3. Equipment
4. Coaches
5. Registration and EFA Insurance of Horses
6. Administration costs associated with running SHVT
7. Indoor Arena hire when necessary
8. Care of Clubs assets which include two retired horses

SHVT is fortunate to have the complimentary use of Jyndarra Lodge and Nestings, Outdoor Arenas for training. This includes a barrel training area, kitchen, changing room, toilet facility.

Many of the costs at times are donated partially or fully however membership fees do not cover annual expenditure so members are also committed to fundraising to ensure equipment etc can be replaced as required.

It is valued and expected that all Vaulters and parents will contribute voluntarily to assisting with fundraising when required.

## **Vaulter Fees**



### **Competitive Team**

Fees are charged on a quarterly basis \$390 for two sessions a week. Must be paid by the second week of each term.

There is an annual insurance fee of \$45 payable with the Term 1 fees. This cannot be adjusted according to the time of year you join.

Additional sessions are offered coming up to competitions and these are used as make up sessions due to wet weather etc. Make up sessions cannot be carried through from one term to the next.

### **Recreation Team**

Recreation vaulting fees are **\$20 per session and must be paid prior to the session**. Again please pay on the day as it is embarrassing for fellow parents to have to chase unpaid fees.

20% discount for additional vaulter per family on vaulting fees only, not on insurance fees.

## Methods of Payment

Term fees are to paid within 2 weeks of invoice.

1. Cheque made payable to SHVT. Please place in envelope clearly labelled and given or posted to Treasurer. Please note cheque dishonour fees and bank charges are payable by the member.
2. By cash for Recreation fees only. Placed in clearly labelled envelope and given to Coach each week.
3. By direct credit to SHVT bank account held at BDCU. BSB No 802-101 A/c no 56959

If fees are more than 2 weeks in arrears it will not be possible for a vaulter to participate in Club training or competitions.

**The Clubs insurance is compromised in the event non financial members vault. Should a vaulter be non financial and an accident occurs the EFA will not honour the insurance agreement.**

Fees are due and payable for each quarter and are not based on attendance at each training session. Vaulters are welcome to use additional training sessions as makeups for missed sessions. This is accommodated where possible but cannot be carried forward from one quarter to another. The welfare of the horse is a primary focus of SHVT. Vaulters who are not financial will not be permitted to enter vaulting events/displays until in credit.

## Horse Use

SHVT has the commitment and care of two retired vaulting horses.

Current vaulting horses are provided by private owners. Owners are paid \$25 per session for use of their horses which is payable in arrears on a monthly basis. Horse use is paid on receipt of an invoice. Owners are not paid for their horse while in training but the Club is very willing to assist horse owners train their horse and will provide use of equipment onsite at Club training sessions.

## Competition Fees

Competition Fees are additional to Club fees. These fees are payable to the competition organising body and are invoiced through SHVT individually but are then paid directly in one lump sum to NSW Vaulting Council. Competition fees must be paid PRIOR to the competition when entries are submitted.

These fees will be invoiced to you prior to the competition and will include (information in brackets is to just explain the disbursement of the payments:

- Entry fees (payable to competition organiser)
- Camp fees (payable to competition organiser)
- Basic Food requirements and refreshments (payable to club)
- Stabling (payable to competition organiser)
- Transport of horses (varies on location). (payable to horse owner)
- Horse Use fee which is fixed at \$25 per competition (payable to horse owner)

Please note that opportunity to compete is only available for financial members. Competition fees are paid prior to competition and members are invoiced by the Club. Please note that these fees are not refundable after a certain date set by the Organising Committee of that competition.

TO SIGNED BY ALL VAULTERS AND THEIR GUARDIANS.

- I have read the terms and conditions of the Southern Highlands Vaulting Team and agree to those conditions.
- I have read and agree to the Code of Conduct for all Vaulters.
- I have read the fee structure and agree by its terms
- I have read and completed the Medical Record form
- I have read and completed the Waiver (Recreation or EFA Member) form

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

STATE \_\_\_\_\_ POSTCODE \_\_\_\_\_

**Telephone** \_\_\_\_\_

**Mobile** \_\_\_\_\_

**Fax** \_\_\_\_\_

**Email** \_\_\_\_\_

**GUARDIAN** \_\_\_\_\_

**VAULTER** \_\_\_\_\_

In the event of an emergency please contact

**Name** \_\_\_\_\_

**Telephone Number** \_\_\_\_\_

**MEDICAL INFORMATION FORM**

Name: \_\_\_\_\_

Do you have a medical condition that could affect your vaulting: Yes / No

Please tell us more about this condition:

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Do you regularly take medication: Yes / No

If yes please tell us more

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**SIGNED:**

**Vaulter: (Guardian if under 18)**

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## CODE OF CONDUCT 2009

I have read (or have read to me) the Code of Conduct of Southern Highlands Vaulting Team.

I \_\_\_\_\_

- Agree that I will treat all my fellow team members with respect.
- I will adhere to the Rules of training and competition as set out in the Terms and Conditions of SHVT
- Will wear appropriate and safe clothing at all times
- Will remove all jewellery including watches
- Will arrive in time to help with set and will endeavour where possible to assist with packing and settling horses.
- I will respect the property's that vaulting is conducted on
- Will not use inappropriate or foul language

Signed: \_\_\_\_\_

Witnessed: \_\_\_\_\_

Have you signed the:

1. Membership form
2. Medical form
3. Contract (for vaulters and parents to sign)
4. Risk waiver

Have you read and understood the:

5. General Vaulting Notes
6. Fee structure
7. Mission Statement

When you have completed the above please request a copy of:

8. Members contact list
9. Upcoming competition and/or vaulting display dates

For up to date information on vaulting in Australia including a Vaulting Calendar please visit [equestrianvaulting.com.au](http://equestrianvaulting.com.au)